

# HYPERTROPHIC CARDIOMYOPATHY

## GUIDELINES FOR CLINICAL GENETICS QUICK GUIDE

### DIAGNOSIS

- Confirm diagnosis in index case



- Compile detailed family history
- Verify diagnosis in relatives



- Contact at risk relatives



### CLINICAL DISCUSSION

- Discuss HCM, inheritance and management
- Provide support group information



### AT RISK RELATIVES



### AFFECTED RELATIVES



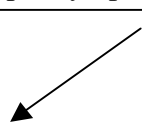
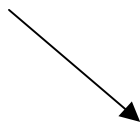
### CLINICAL SURVEILLANCE

- Offer by echo and ECG
- Consider from childhood and throughout adult life

### GENETIC TESTING

- Bank DNA from affected relatives
- Offer, where possible, pre-symptomatic testing

- Refer to cardiology
- Consider banking DNA sample with consent



### FOLLOW UP

- Document follow-up arrangements